

Chris Conners

Chris qualified as a physiotherapist in 2010 from Cardiff University. Chris mainly specialises in Occupational Health and Ergonomics in addition to his Musculoskeletal and Neurological caseloads. After qualifying, Chris began his journey at Equinox as an occupational health physiotherapist within the DVLA, which provided him with a variety of new experiences and knowledge within the ergonomic physiotherapy field. Chris has also had the opportunity to work as a physiotherapist for the Cardiff City Football Academy for under 9's – 15's. This included pitch side and clinic based work to assess injuries as well as treatment and rehabilitation of any existing injuries.

Throughout his time with us at Equinox, Chris has also been involved with multiple assessments, treatments and rehabilitation of various patients with neurological conditions or brain injuries. Chris has also run a Musculoskeletal Clinic with Equinox, treating private patients, insurance cases and whiplash injuries.

Always the quiet, but most efficient one in our midst. Thank you Chris for your hard work.

Recent Courses

- Kinesiology Taping Course, FMT 1 & 2.
- First Aid
- Manual Handling