

Michael douglas

Doug, the owner and co founder of equinox physiotherapy partnership, has been within the profession for 30 years and has the knowledge to prove it!

After working within the NHS for 4 years, Doug has a wealth of experience and knowledge in various aspects of physiotherapy, specialising in neurological disorders. The journey for Doug began in coventry where he qualified as a chartered physiotherapist. Before this, Doug was studying towards qualifying as a state nurse in st james hospital, leeds, but decided that physiotherapy was what he had a passion for and so pursued that career.

Equinox physiotherapy partnership ltd which was founded in 2001. This is both a clinical and administrative role of a company that specialises in the occupational health therapy services, musculoskeletal physiotherapy, sub-acute brain injured and neurologically impaired clients both in places of care and in the community. A proportion of Doug's clinical is based on expert witness reporting from whiplash injury through to catastrophic brain injury and multiple injuries including amputations.

Thank you Doug for all of your hard work and dedication to Equinox. The commitment you show to your profession is never unnoticed and your kind nature and compassion is always appreciated by old and new clients.

Accreditations

- Certificate in Professional Studies (Sports Physiotherapy), Crewe and Alsager University 1998
- Certificate in Hydrotherapy for Neurology, Singleton Hospital, Swansea 2002
- Induction to Bobath concept (including normal movement, hypertonia, hypotonia) Leeds Teaching Hospital, 2002
- Assessment and Management of Complex Neurological patients - Rookwood Hospital, Cardiff, 2004
- Management of Traumatic Brain Injury - University College Hospital, London, 2005
- Accredited (80 hour) Acupuncture course for Chartered Physiotherapists, Morrision Hospital, Swansea 2006.
- Level 1 Assessor Wheelchair Prescription Course, ALAC and Wheelchair Services, Rockwood Hospital, Cardiff 2007
- NVQ Level 4 Health and Social Care Management, Coleg Sir Gar, Ammanford 2008
- Seabo Flex, Accredited Assessor and Practitioner, St Hellier, Jersey 2009
- Certificate in Professional Studies : Botulinum Toxin Injection Therapy, Plymouth University 2011
- Masterclass in Anatomy of Ultrasound Guided Intramuscular injecting, Liverpool 2013.
- Goal Attainment Scaling Workshop, London 2013
- Pace Rehabilitation Conference of Prosthetic Provison, London 2013

- Acupuncture and Neurology, Bath 2014
- Ataxia workshop, Derby Hospital 2017
- FES Accreditation course, Odstock Medical Group, Salisbury Hospital, 2017
- Advanced clinical training in Rewalk Exoskeleton, Cardigan 2017
- CIMT (Constraint Induced Movement Therapy) Donegal Rehabilitation Unit, 2018
- Spasticity Management Conference, Swansea 2018

Professional membership

- Member of chartered society of physiotherapy
- Member of the association of chartered physiotherapists interested in neurology
- Member of the health & care professions council
- Member of association of acupuncture in chartered physiotherapy