

Joanne Inkin

Since qualifying as a Physiotherapist in 1997, Joanne has gained effective and practical skills in many aspects of Physiotherapy. As a Senior II working within the NHS Joanne was able to combine this experience and further both her knowledge and managerial skills, enabling her to attain a Senior I post in her chosen field of neurological rehabilitation.

Having worked in the independent sector for 16 years, initially in adult neurological services, Joanne is now focusing more on paediatric services. Jo is a caring, patient and tactful Physiotherapist, who has a natural skill working with children and allows them to feel comfortable in her presence. Jo provides a multidisciplinary hands on approach and has a keen interest in cerebral palsy, spasticity management (botulinum toxin) and adaptive skiing. Jo is in fact the secretary for Ski4All Wales, which is a charity that enables weekly ski sessions for all levels of ability at Pembrey Ski Centre in Carmarthenshire. Since the charity was established, Jo has been a true advocate for the charity and has put in a copious amount of time and effort to ensure the charity is continued and runs as smoothly as possible.

For her first 6 years as a physiotherapist, Jo worked in West Wales General Hospital on a rotational post including; medical rehabilitation and orthopaedics. During this time, Jo also provided private physiotherapy at Werndale Hospital, specialising in orthopaedics and chest care.

Joanne then spent time as a Senior I Physiotherapist at Awel Y Mor Rehab unit in Gorseinon, focussing on the rehabilitation of the young physically disabled within the rehab unit and managing various chronic and complex neurological conditions, which has enabled her to extend her knowledge and experience of neurology within paediatric physiotherapy. Within this role, Joanne has also provided neurological assessments, spasticity management, postural management and respiratory care.

Now, Jo is our longest serving member of the Equinox Team! Jo is a warm and friendly member of the team who takes pride in her work and always delivers the best service to her clients. As an independent specialist in neurological rehab physiotherapy, both within the community and clinic based, Jo provides assessment, treatment and management of complex neurological pathologies, such as; congenital disorders, acquired brain injuries and spinal cord injuries. Jo also has strong working relationships with case managers within the industry, as well as solicitors and other professionals.

A crucial member of our team here at Equinox and we feel very fortunate to have had Joanne with us for so many years, and many more to come!

Professional Qualifications

- Management of Patients with Complex disability (10&11/02/2004, Rookwood Hospital, Cardiff)
- Clinical Supervision Course (West Wales General Hospital, Carmarthen)
- Spasticity Management (20/05/11)
- Injection techniques – improving effectiveness (06/11)
- Ultrasound guided intramuscular injecting (07/01/13)
- South Wales brain injury conference (22/05/15)
- Adaptive awareness skiing course (14&15/10/15)
- BIRT Forum-Neurobehavioural Rehab (22/04/16)
- Dystonia and Spasticity network meeting (29/09/16)
- South West MDT Forum, Neurophysiotherapy – Taking you to task (26/01/17)

- National Paediatric Brain Injury Conference (15/06/17)
- BBTA the challenging Upper limb (17/11/17)
- DMO orthotics training (24/01/18)
- CIMT for children with unilateral cerebral palsy (11/18)

Professional Memberships

- The Chartered Society of Physiotherapy (CSP) registration
- The Health Professions Council (HPC) registration
- South Wales MDT forum

Owner and Co Founder of Equinox Physiotherapy Bethan Drinkall; *'Kind, thoughtful, caring and the most diplomatic of the team - Not a bad skier either!'*