

Bethan Drinkall

The glue that holds the establishment together and the infinitely qualified physiotherapist that we have the pleasure of calling our boss!

Beth trained at Pinderfields College of physiotherapy, gaining a graduate diploma, and then later qualified as a basic grade physio in Singleton Hospital. From this, Beth held a senior II position at Prince Phillip Hospital, as a paediatric physiotherapist, specialising in treating children from birth to the age of 18 with any neurological deficit.

After developing a substantial knowledge of physiotherapy, Bethan was able to enrol on an experience of a lifetime! Being employed to solely treat Princess Latifa, Riyadh, KSA, who had undergone total knee replacement surgery and needed physio twice a day in the comfort of her palatial home. On her return, Bethan had various neuro/paediatric Physiotherapist roles, within various parts of Britain, which built her experience and knowledge to mould her into the outstanding Physio she is today!

Beth became a senior partner and co-managing director of Equinox Physiotherapy in 2003. The partnership offers specialist neurological services throughout south and west Wales for both private and LHB sectors. Despite Beth managing the daily running of the partnership, she also continues to manage an active caseload of patients with a neurological impairment. Beth is also a founding member of Headway Carmarthenshire and is the current chairperson.

Through her own passion for skiing and with her active role in the promotion of disabled sports within south Wales, Beth played a huge part in the setting up of the charity Ski4All Wales, which specialises in weekly adaptive ski sessions for adults with neurological, physical and visual disabilities at Pembrey ski centre. Beth is currently the clubs chair and spends endless amounts of her own time helping the charity in any way possible, such as, hosting The Big Cwtch Festival in her own back garden in order to raise money to fund the charity. Beth is a qualified DSW adaptive ski instructor and holds a UK snow sports Level 1 Instructors qualification.

As if all of that wasn't enough! Bethan holds a masters level in injection therapy and offers monthly support at regional spasticity clinics, and also runs monthly private spasticity/pain and orthotics clinics.

It's safe to say we are extremely lucky and privileged to have Beth as part of our team and value all of the hard work she does. Thanks Beth! You're a star!

Recent Courses

CIMT – Adult and Paediatric. London & Donegal

FES – Salisbury

CPIP Training – Nikki Cornish

Numerous Spasticity forums

Ataxia Management – Sue Armstrong

Upper Limb Management – Sue Armstrong

DMO Orthotics / Measurement Training – Equinox & Sarah O'Leary

Seabo Development – Glyn Blakely

Alter G use – Equinox

Rock Tape in Neurology – London

First Aid Training – Elliots Hill

Moving and Handling – Elliots hill